



2008 *Active At All Ages* Awards

Aims:

1. To increase awareness of the range of sporting and active recreational activities in which older people participate
2. To recognise the contributions of older people as participants, role models and volunteers in sporting and active recreational activities
3. To recognise and promote good practice by sporting and active recreational clubs and groups in engaging older people.

How to nominate:

Complete the appropriate nomination form (see over for award categories and selection criteria). Nomination forms can be downloaded from http://www.cotavic.org.au/healthy_and_active_ageing.

Nominations must reach COTA by COB Tuesday 23 December 2008 either via email to activemanager@cotavic.org.au (include AAAA Awards in subject line) or by post to:

Active At All Ages Awards
COTA
4th Flr, Block Arcade
98 Elizabeth St
Melbourne VIC 3000

General Guidelines:

- The awards are open to all Victorian residents (individuals or teams) and clubs, groups and organizations who deliver activities in Victoria
- Nominations must be submitted on the appropriate form
- Only information included on the nomination form and in the supporting information will be considered by the selection committee
- Nominations must address the selection criteria
- Supporting information considered relevant to the nomination can be attached but should not exceed one A4 side
- Nominations that address the diversity of activities in which older people participate and the need to embrace that diversity are particularly encouraged.

Award Categories and Selection Criteria:

Individuals or teams (complete NOMINATION FORM 1)

- Individuals over 50 years of age, or teams in which all (or the majority of) members are all over 50 years of age
- Regular participants in at least one sport and/or active recreational activity and physically active
- Has been participating in their main sport and/or active recreational activity for at least one year/season
- Is a contributor and/or role model for other older people
- Need not be a member of a formal sporting club
- Need not be a 'high achiever' in competition.

Volunteers (complete NOMINATION FORM 2)

- Over 50 years of age
- Regularly contributes as a volunteer to the delivery of at least one sporting or active recreational opportunity for older people by a club, group (formal or informal) or organisation in any role or capacity (eg as a coordinator, office-bearer, official, coach)
- Has been doing so for at least one year/season.

Clubs, groups or organisations (complete NOMINATION FORM 3)

- Offers a sporting or active recreational opportunity specifically catering for people over 50 years of age
- Is implementing innovative strategies to engage and retain older participants and can demonstrate how these strategies have been effective
- Caters for the diversity of needs of older people within the community (eg culturally and linguistically diverse or indigenous people, disadvantaged or socially isolated people)
- Has been offering the opportunity for at least one year or season
- Demonstrates a commitment to ongoing support of activities for older people.

There may be more than one award recipient in each category.

Award presentations:

Awards will be presented at a special event to be conducted in Geelong on Friday 20 February 2009, prior to start of the 12th Australian Masters Games

For further information contact:

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COTA
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